

Curriculum Vitae

Holly A. Mehr MD, MSED, FACOG

Work Address

Fertility and Surgical Associates of California
325 Rolling Oaks Drive, Suite 110
Thousand Oaks, CA 91361
Office: (805) 778-1122
Fax: (805) 778-1199

Professional Experience

2024-Present	FERTILITY AND SURGICAL ASSOCIATES OF CALIFORNIA Reproductive Endocrinology and Infertility Specialist	LOS ANGELES, CA
2021 -2024	KINDBODY Reproductive Endocrinology and Infertility Specialist	LOS ANGELES, CA
2018 -2021	OLIVE VIEW-UCLA MEDICAL CENTER Consulting Specialist, Obstetrics and Gynecology	LOS ANGELES, CA
2017- 2018	LAHEY CLINIC Gynecology Specialist	BURLINGTON, MA

Professional Teaching Experience

2004-2009	NEW YORK DEPT OF ED / TEACH FOR AMERICA Classroom Teacher	BRONX, NY
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Training and Education

2018-2021	Fellowship: Reproductive Endocrinology and Infertility University of California, Los Angeles
2017- 2018	Fellowship: Minimally Invasive Gynecologic and Pelvic Surgery Lahey Clinic, Burlington, MA

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- 2013-2017 **Medical Residency: Obstetrics and Gynecology**
New York University Medical Center
- 2009-2013 **Doctorate of Medicine**
Mount Sinai Medical School
- 2004-2007 **Masters of Science in Education**
Bank Street College Of Education
- 2001-2004 **Bachelor of Arts, Psychology**
Bachelor of Arts, American Studies
Wesleyan University

Board Certification

Diplomate of the American Board of Obstetrics and Gynecology, 2019
Subspecialty Certification in Reproductive Endocrinology and Infertility 2023

Medical Licenses

California 2018-present
New York 2023-2024
Massachusetts 2017-2019

Professional Memberships

American Society for Reproductive Medicine

- Education committee 2020-Present
- Access to Care special interest group
- LGBT special interest group

American College of Obstetrics and Gynecology
Society for Reproductive Surgeons

Awards

Best Robotic Myomectomy: Society for Reproductive Endocrinology and Infertility and Society for Reproductive Surgeons Surgical Simulation (2019)
Society of Laparoscopic Surgeons award for excellence in minimally invasive surgery (2017)
Ryan program award for excellence in family planning (2017)
CREOG excellence award (2017)
American College of Obstetrics and Gynecology Patient Advocacy Award (2016)

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Research and Publications

Manuscripts

Mehr H, Jackson-Bey T, Ho JR, Quinn MM, Aghajanova L, Vu M, Herndon CN. Provision of infertility care for the underserved in reproductive endocrinology and infertility practices associated with obstetrics and gynecology residency training programs in the United States. *F S Rep.* 2021 Nov 5;3(2 Suppl):106-113. doi: 10.1016/j.xfre.2021.11.002. PMID: 35937453; PMCID: PMC9349242.

Christ JP, Vu M, Mehr H, Jackson-Bey T, Herndon CN. See one, do one, teach one: Reimagining reproductive endocrinology and infertility training programs to expand access to care. *F S Rep.* 2021 Oct 7;3(2 Suppl):114-121. doi: 10.1016/j.xfre.2021.10.001. PMID: 35937450; PMCID: PMC9349230.

Mehr, H. Clemot M, Jones, L. Lipin is required in early somatic cells and germline stem cells for ovarian development and egg chamber formation in the *Drosophila* ovary. UCLA Reproductive Endocrinology Fellowship Thesis. 2021

Gadson A, Mehr H, Wright V. Bilateral Ovarian Vein Thrombosis After Ovarian Transposition in Conjunction with Radical Robotic Hysterectomy for Stage 1B Squamous Cell Carcinoma of the Cervix..

Mehr H, Lee V, Jackson-Bey T, Herndon, C and Quinn M. Reading level of patient education material on infertility clinic websites is above national recommendations.

Mehr, H., Jackson-Bey, T., Vu, M. *et al.* We are here for you: infertility clinic communication during the first wave of the COVID-19 pandemic. *J Assist Reprod Genet* **38**, 1809–1817 (2021). <https://doi.org/10.1007/s10815-021-02186-1>

Naftolin F, Mehr H, Fadiel A. “Sex Steroids Block the Initiation of Atherosclerosis.” *Reproductive Sciences*, 2016, Dec (23): 1620-1625. DOI: 10.1177/1933719116674078

Kofinas JD, Mehr H, Ganguly N, Biley Y, Bochkovsky S, McCulloh D, Grifo J. “Is it the egg or the endometrium? Elevated progesterone on day of trigger is not associated with embryo ploidy nor decreased success rates in subsequent embryo transfer cycles.” *J Assist Reprod Genet.* 2016 Sep;33(9):1169-74. DOI: 10.1007/s10815-016-0752-y

Naftolin F and Mehr H. Review of “Vascular Effects of Early versus Late Postmenopausal Treatment with Estradiol.” *F1000 Prime.* March 2016. DOI: 10.3410/f.726253942.793519112.

Naftolin F and Mehr H. Review of “Dehydroepiandrosterone: an ancestral ligand of neurotrophin receptors.” *F1000 Prime.* January 2015. DOI: 10.3410/f.723347751.793515058.

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- Invited Speaker/ Oral Presentations National*
- Mehr H, Lee V, Jackson-Bey T, Christ J, Herndon, C. See one, do one, teach one: Reimagining Reproductive Endocrinology and Infertility (REI) training programs to expand access to care. American Society for Reproductive Medicine Access to Care Webinar. 2021 July.*
- Mehr H, Lee V, Jackson-Bey T, Herndon, C and Quinn M. Reading level of patient education material on infertility clinic websites is above national recommendations. American Society for Reproductive Medicine Annual Meeting. 2020 Oct.*
- Mehr H, Jackson-Bae T, Herndon C. Training to Provide Infertility Care to Patients from Diverse Communities in Challenging Low Resource Settings. Workshop presented at Association of Professors of Gynecology and Obstetrics CREOG & APGO Annual Meeting. 2020 Feb. Orlando, FL.*
- Mehr, H, Mackert, N. "Residents as Teachers: Evidence Based Strategies for Teaching To and By Residents." Workshop presented at: Association of Professors of Gynecology and Obstetrics Faculty Development Seminar; Manalapan, FL, USA. Jan, 2018*
- Panelist: Pushing Forward or Back: School Policies and Practices that Advance or Impede Equity. Presenting "Why Aren't You in School?" Unpacking Absenteeism at a Public School. 28th Annual Ethnography In Education Research Forum. Philadelphia, PA. February, 2007*
- Invited Speaker/ Oral Presentations Local*
- "Fertility 101 and Fertility Preservation" Harbor UCLA Medical Center. Internal Medicine Women in Medicine, 2023 February Los Angeles, CA*
- "Lipid metabolism in fertility and the role of Lipin in the Drosophila ovary.", UCLA medical center OBGYN grand Rounds. 2021 May. Los Angeles, CA*
- "Fertility Preservation, what you need to know." UCLA Medical Center. Women in Medicine 2021 May. Los Angeles, CA*
- "Mommy after malignancy: Fertility preservation in women with cancer." Lahey Medical Center Gynecology Grand Rounds, May 2018*
- "Queering the family way: LGBTQ family making." NYU Obstetrics and Gynecology Grand Rounds, January 2017*
- "Is infertility diagnosis predictive of embryonic mosaicism?" NYU Obstetrics and Gynecology Residents Research Day, June 2016.*

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Peer Reviewed
Abstracts
Presented as
Posters

Mehr H, Jackson-Bey T, Herndon, C, Ho J, Aghajanova L, and Quinn M. We are here for you: Infertility clinic website communication during the escalating stages of the COVID-19 pandemic. *American Society for Reproductive Medicine Annual Meeting*. 2020 Oct.

Mehr H, Al-Safi Z, Riestenberg C, Lee V, Guo R, Brennan K, and Kroener L Use of adjuvant human growth hormone does not improve blastocyst euploidy rates in patients undergoing in vitro fertilization. *American Society for Reproductive Medicine Annual Meeting*. 2020 Oct.

Mehr H, Jackson-Bey T, Ho J, Aghahonova L, Herndon C. Barriers reported by REI physicians in developing access to care initiates at academic medical centers. Midwest Reproductive Symposium. 2020 August, Chicago, IL *Canceled due to COVID*

H Mehr, T Jackson-Bey, J Ho, L Aghajanova, M Quinn, J Hoffman, BA and C Herndon, *Clinical exposure in ObGyn resident training programs in the United States to infertility care for low resource and underserved communities*. Poster presented at American Society for Reproductive Medicine Annual Meeting, Philadelphia PA. October 2019.

H Mehr, M Shamonki, C Wang, R Buyalos, G Hubert, and M Quinn. *Does Universal Screening for Chronic Endometritis Improve Pregnancy Rates?* Poster presented at American Society for Reproductive Medicine Annual Meeting, Philadelphia PA. October 2019.

T Jackson-Bey, H Mehr, J Ho, L Aghajanova, M Quinn, J Hoffman, BA and C Herndon. *Nationwide survey of access to care initiatives in REI practices associated with OB/GYN residency programs*. Poster presented at American Society for Reproductive Medicine Annual Meeting, Philadelphia PA. October 2019.

H Mehr, N Sachdev, D McCulloh, C Oh, L Joo, J Grifo. *Is infertility diagnosis predictive of embryonic mosaicism?* Poster presented at Pacific Coast Reproductive Society Annual Meeting. Indian Wells, CA March, 2017.

H Mehr, A Winkel, K Duncan *Resident as Teacher: Preparing OBGYN residents to educate in all settings*. Poster presented at Medical Education Innovation and Scholarship. New York, NY. November 2016

J. Kofinas, H. Mehr, N. Ganguly, Y. Biley, S. Bochkovsky, D. McCulloh, J. Grifo. *Over-cooked eggs, really? Premature luteinization affects the endometrium, not the egg*. Poster presented at American Society for Reproductive Medicine Annual Meeting, Baltimore, MD. October 2015

H Mehr, L Harper, R McDonald, L Cushman, J Ripp, *Introduction to Public Health Course and Elder Health Needs Assessment on the Spirit Lake Nation*. Poster Presented at Medical Student Research Day Mount Sinai Medical Center New York, NY May 2012

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R Smith, K Vickers, B Parker, H Mehr, K Rudd, J Hathaway, S Smith. *The Use of Plain Language in written materials for patients: Evidence in support of Plain Language and Implementation within Mayo Clinic section of patient education.* Poster Presented at Mayo Clinic Annual Quality Improvement Conference, Rochester, MN May, 2011

Additional Teaching Experience

2023-2024

KINDBODY

Professional Development Curriculum

Created curriculum and facilitated professional development for medical providers regarding clinical standard operating procedures at national network of fertility clinics

2019-2020

UCLA OBSTETRICS AND GYNECOLOGY

Medical Student Education

Created and implemented reproductive endocrinology curriculum for medical students in OBGYN Clerkship.

2017

NYU OBSTETRICS AND GYNECOLOGY RESIDENCY

Resident as Teacher Curriculum

Created and implemented a 5 hour curriculum to provide residents teaching skills for OR, rounding and clinical scenarios.

2012- 2013

MOUNT SINAI SCHOOL OF MEDICINE

Chair: Students as Patient and Community Educators

Created and implemented a med school-wide curriculum and OSCE for addressing patient health literacy

2010

CHANDESKA CHIKANA COMMUNITY COLLEGE, SPIRIT LAKE RESERVATION, ND

Co-Instructor:Introduction to Public Health.

Created an innovative, hands-on curriculum designed to introduce tribal community members to the field of public health and delineate pathways to careers in the health professions.

Quality and Systems Improvement

2021-2023

KINDBODY

Surgical Operations Development

Created standard operating procedures, work flows and educational curriculum for surgical procedures completed at national network of clinics

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- 2019 **UCLA MEDICAL CENTER**
Lean Process Improvement Certification
Participated in a 5 week course in the Lean quality improvement methodology with ongoing plans to implement the process for division-wide morning monitoring process improvement.
- 2017-2018 **LAHEY MEDICAL CENTER**
Emergency Undocking in Robotic Surgery--Valena Wright, MD
Created an educational video and implemented hospital wide simulation training for all OR staff for protocol for emergency undocking in robotic surgery.
- 2017-2018 **LAHEY MEDICAL CENTER**
Fertility Preservation in Patients with Gynecologic Malignancy--Valena Wright, MD
Created a protocol to facilitate timely referral to Reproductive Endocrinology for patients newly diagnosed with cancer. Created and disseminated curriculum and resources for faculty and staff education on above protocol and fertility preservation generally.
- 2014-2017 **NYU MEDICAL CENTER**
Housestaff Quality Improvement Committee: OBGYN Department Representative
Monthly meetings to share and compare QI and patient safety issues across departments, address issues and create solutions to patient safety concerns. Created resident EMR hand-off tools and lead the department-wide change in QI meeting structure.
- 2013 **MOUNT SINAI HOSPITAL**
Quality Improvement Elective
Completed a 4 week elective course detailing quality improvement structures and methods and completed a detailed process map and bottleneck assessment for hospital discharge protocol.
- 2011-2012 **MOUNT SINAI HOSPITAL**
Readmission rates after discharge telephone calls—Brian Radbill, MD.
Conducted phone interviews with recently discharged patients to collect data on: understanding of diagnosis, symptoms of worsening disease, medication changes, PMD follow up. Facilitated IRB renewal.
- 2011 **MAYO CLINIC**
Plain Language Research—Kristen Vickers Douglas, PhD.
Completed a literature review and analysis of outcomes research on the use of Plain Language in patient education materials.

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Graduate Level Leadership

- 2016-2017 **NYU OBSTETRICS AND GYNECOLOGY RESIDENCY** **NEW YORK, NY**
Education Chief Resident: Coordinated and planned residency-wide education including simulation curriculum, didactic education, CREOG preparation.
- 2014-2017 **NYU OBGYN CURRICULUM COMMITTEE** **NEW YORK, NY**
Resident Representative: Monthly meetings to discuss and department wide concerns for resident education. Created changes in resident rotations including creating a saline infusion sonogram clinic, changes to broader ultrasound training and Gyn surgical training.
- 2015 **ACOG RESIDENCY ADVOCACY PROGRAM** **ALBANY, NY**
Program Participant: Trained in health care advocacy; lobbied congress for women's health related issues.
- 2009-2013 **EAST HARLEM HEALTH OUTREACH PARTNERSHIP** **NEW YORK, NY**
Chronic Care Mentor, Senior Clinician. Carried a panel of chronically ill patients at a student-run clinic designed to provide health care to uninsured residents of East Harlem and served as a mentor for junior clinicians.
- 2010-2011 **REACH OUT** **NEW YORK, NY**
Co-Chair. Provided curriculum creation training and teaching training to medical students. Facilitated a patient education initiative at a community clinic in East Harlem
- 2009-2011 **HEALTH EDUCATION INITIATIVE** **NEW YORK, NY**
Co-Chair. Designed and disseminated a preventive medicine curriculum for local elementary students.
- 2009-2011 **MOUNT SINAI EXECUTIVE CURRICULUM COMMITTEE** **NEW YORK, NY**
Student Representative. Acted on behalf of student body at monthly meeting in which the Medical Education faculty systematically reviewed courses and clerkships and determined areas of strength, weakness, and goals for improvement.
- 2008-2009 **SOCIAL JUSTICE MEDICINE** **NEW YORK, NY**
Chair and Comprehensive HIV Rotation Program Founder. Created a volunteer program for postbaccalaureate students to explore the interdisciplinary nature of caring for patients with HIV.